

Attractions & Safety

Whitewater Wave Pool

Experience the force of a true Adirondack Whitewater adventure! With over 67,000 gallons of water, all fed by a raging 30 ft. wide, 13 ft. tall waterfall, this is your place for pure water excitement! Guests under 42" tall must wear a life jacket.

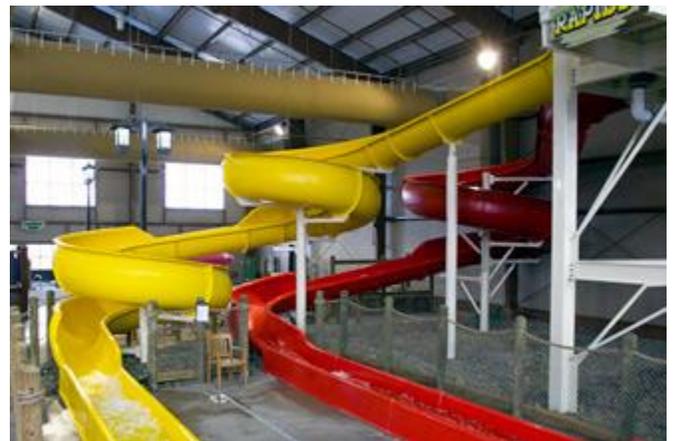


The Rapids

Think you have what it takes to tackle The Rapids? Cascades has 4 water slides to choose from.

Rapids 2 & 3 Slides

Our two interior slides, labeled as Rapids 2 & 3, are over 100 ft. long and 2-stories high. These are designed for children and young adults 42-48" tall and under 130 lbs.



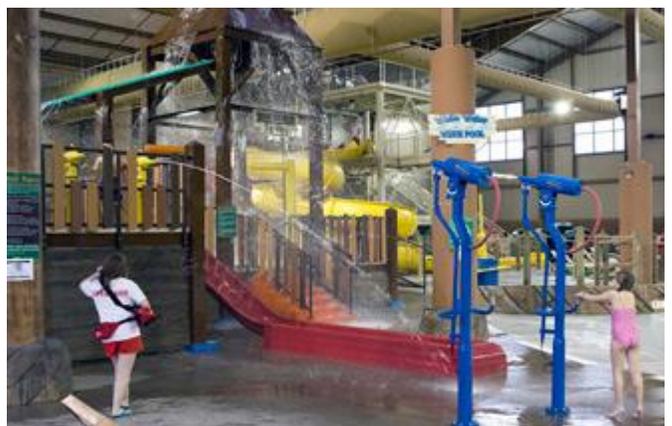
Rapids 4 & 5 Slides

The adventurous can take on our two 3-story enclosed slides, labeled as Rapids 4 & 5. Our body slide is 250 ft. long and goes outside the building before re-entering to splash down in a pool below. Alongside is a tube slide, which lets you ride a one or two-person tube down over 1000 gallons of water per minute in a 52" slide. This ride also travels outside the building before landing in a pool back inside the Waterpark. You must be 48" tall to ride either of these slides. Children and young adults 42-48" tall may ride the tube slide if accompanied by an adult (18 yrs or older).



Big Bear Falls

An interactive play structure, featuring a net climb, 4 water blasters, 2 slides, water jets, a 500 gallon, 360° deluge bucket, and much more! No age limit / height limit.



Little Bear Falls

The little ones don't have to be worried about being left out of the fun! Little Bear Falls is designed specifically for small children, with 6" – 12" water depth, air and water bubbler features, a tiny tot's swing, and a kid-sized slide. Guests must be 48" and under to play.



The Cove

Our 22,000-gallon, 1,000 sq. ft. basketball cove is fed by a 9 ft. high waterfall, and features 2 custom themed basketball hoops!



Northwoods Pool and Hot Springs

Northwoods Pool is our 1,500 sq. ft., 35,000 gallon, outdoor swimming pool that is heated and open year round! Swim laps, or just float along, no matter the season!

Sit back and relax at Hot Springs, our large indoor/outdoor hot tubs. Featuring hydrotherapy jets and 100° water temperature, our hot tubs are perfect for unwinding after a fun-filled day on the slopes or after exploring all that the Finger Lakes has to offer.



Ride Safety

Here at Cascades Indoor Waterpark, every effort is made to ensure that you have a great time while remaining safe throughout your stay! We are proud of our Ellis & Associates trained lifeguard staff. Please feel free to approach any Supervisor or the Aquatics Director with any comment, question, or concern that you may have.

Waterpark Rules and Information

- Patrons must obey all posted signs and ride rules. Please always follow all instructions provided by our lifeguards. Rules may vary by attraction. Failure to abide by these regulations or staff instructions may result in immediate removal from the Waterpark.
- Parents are required to monitor their children, especially small children and weak swimmers
- Groups bringing children to the Waterpark must have at least one adult per five children, and are responsible for the supervision of those children
- U.S. Coast Guard approved life jackets are provided free of charge. It is recommended that children under 42" and weak swimmers wear life jackets while in the park. All outside flotation devices are prohibited
- Tubes are provided for The Rapids Category 5 ride & the Wave Pool. Tubes must be used only at their designated attraction and are not allowed on any other feature

- Lockers are available for a fee in the Starlight Arcade. Purchase yours at check-in upon arrival to the park! Hope Lake Lodge is not responsible for any lost, damaged, or stolen items.
- All glass and outside containers are prohibited. No glass should ever enter the waterpark.
- Food and drink must be purchased from the Edgewater Café and remain in the designated eating area
- Proper swim attire is required
- Wristbands are required for Waterpark entry
- Walk, do not run, inside the Waterpark

General Slide Rules and Precautions

Please read and understand all rules and precautions before riding.

- Please follow all lifeguard directions.
- Form a line on the slide stairway.
- No lifejackets permitted in slide.
- No chains or train riding.
- No diving or jumping from slide.
- No running, standing, kneeling, rotating, spinning, tumbling or stopping in slide flume.
- Pregnant women, people with heart or back conditions, people under the influence of drugs or alcohol and people with poor balance should not ride the slide.
- Ride with your eyes open and be ready to exit upon nearing the end of the ride.
- Failure to follow the safety rules can result in injury to yourself and others.
- Failure to follow the rules could result in the loss of your privilege to use the slide.

Water Safety Information

Cascades Indoor Waterpark incorporates state of the art air and water filtration methods, as well as standard practices and policies to ensure the health and well-being of our guests. There are some things that you can do to assist us with this effort. Please see below for information on helping to protect against Recreational Water Illness.

- Practice good hygiene. Take a shower before and after swimming, and wash hands after using the bathroom.
- Do not swallow the pool water.
- Do not swim if you are ill.
- Diaper dependent children must wear approved swim diapers as well as proper swim attire.
- Diaper changing facilities are provided in the locker rooms. Diapers are to be changed in the locker rooms, not poolside.

- Parents are responsible for monitoring their children. Please take them on bathroom breaks and check diapers often.