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Spartan Nemesis **Down & Dirty** Keres Thanatos **Back N Double Black** Trident Karyatis lortis

## **BIKE PATROL EMERGENCY:** 844-972-8765

- **10** Flow N Steady
- **11** Calypso
- **12** Ares
- **13** Freebird
- **14** Castor
- **15** Asclepius
- **16 Pipe Cutter**
- **17** Prometheus

NYS Rt. 392

## Bike Park **Rules & Regulations**

1. Ride Open Trails Only: Respect closures. Ask for clarification if you are uncertain. Bicycles are notpermitted in areas not marked for Mountain Bikes.

2. Leave No Trace: Be sensitive to the dirt beneath you. Stay on existing trails, do not create new ones. Be sure to pack out at least as much as you pack in.





Beginner Intermediate Advanced **Expert Freestyle Uphill Section** Bike Patrol

Mountain Top Bicycles

3. Control Your Bike: Inattention for even a moment could put yourself and others at your limits.

4. Yield Appropriately: Do your utmost to let your fellow trail users know you're coming: a friendly greeting or a bell ring risk. Obey all speed regulations & are good methods. Try to anticipate other trail users as you recommendations, and ride within ride around corners. Bicyclists traveling downhill should yield to other non-motorized trail users below them.



5. Never Scare Animals: Animals are easily startled by an unannounced approach, a sudden movement or a loud noise. Give animals enough room and time to adjust to you.

6. Plan Ahead: Know your equipment, your ability and the area in which you are riding and prepare accordingly. Strive to be self-sufficient; keep your equipment in good repair and carry necessary supplies for changes in weather or conditions.

7. Safety Equipment: Helmets are mandatory for all bicyclists. Other safety equipment is recommended.